



2020 Camp Guide

This guide is designed to help campers and their families prepare for the Rotary Camp experience. If you have any questions or need additional information, please feel free to call the main office at 330.644.4512.



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Dear Friends,

Greetings from the shores of Rex Lake!

We are so happy to be offering some camp experiences for our kids this summer. We have worked hard to make accommodations and are taking many precautions to keep everyone as safe as possible. In this Guide you will find all you need to know about summer camp and our policies and procedures. It is very important that you read the information and share with your camper, as appropriate.

If you have any questions do not hesitate to reach out to me directly at 330.926.4952 or danr@akronymca.org. I look forward to seeing you at camp!

In the Spirit of Camping,

Dan Reynolds
Director of Endless Possibilities

How to Reach Us:

Mail: Akron Rotary Camp
4460 Rex Lake Drive
Akron, OH 44319

Phone: 330.644.4512

Fax: 330.644.1013

Web: www.gotcamp.org

Email: rotarycamp@akronymca.org

Akron Rotary Camp's Mission

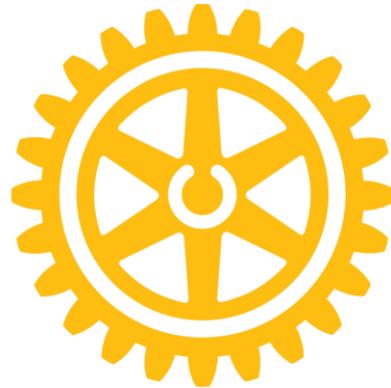
Creating a world where there are only abilities

Goals of Rotary Camp:

- To increase camper's self confidence, self-worth and uniqueness
- To develop camper's independence
- To involve campers in activities that increase physical skills
- To provide appropriate opportunities for socialization with peers
- To further develop interest and respect for the natural environment

**Rotary Camp has been a project of the
Rotary Club of Akron since 1924 and is
operated by the Akron Area YMCA.**

Rotary



Registration

This year we are excited to share that we are working with a new program called Camp Doc. This online system manages your camper's health history and medical charting while at camp. It is necessary for all campers to have their health history filled out prior to the arrival on the first day. This information helps us make necessary decisions for your camper such as cabin assignments, dietary needs, and allergies.

It is also required that every camper have a current physical, signed annually by the camper's primary care provider.

For the summer of 2020, we are also requiring an additional COVID-19 form to be filled out by the camper's primary care provider.

If you have any questions about any of these forms, please contact our camp nurse, Cindy Wilfong, at 330.644.4512 or cindyw@akronymca.org.

Staff Contact Information:

Here are the names of contacts in case you have questions or concerns in any of the following areas.

Billing: Dawn Housley

Program Director: Tina Gardner

Camp Nurse: Cindy Wilfong

Donations: Mella Castner

Food Service Director: Kathy Brown

Executive Director: Dan Reynolds

Accreditation

Akron Rotary Camp is proud to be accredited by the American Camp Association (ACA). Together we are dedicated to enriching the lives of children through the camp experience. Akron Rotary Camp has voluntarily complied with up to 300 standards of health, safety and program quality – from staff qualifications and training to emergency management. ACA Accreditation is the parents' best evidence of a camp's commitment to health and safety. For more information about ACA or ACA Accreditation visit: www.campparents.org.



Complaint Resolution

At Rotary Camp we strive to ensure that everyone has a successful experience. If you have any questions or concerns, please contact the Executive Director, Dan Reynolds, at 330.644.4512. In accordance with the Ohio Department of Jobs and Family Services, we are required to provide you with the number for the local health department and the Public Children Services Agency. You may contact these numbers with any concerns.

Summit County Children's Services	330.379.9094
Summit County Health Department	330.923.4891
Portage County Children's Services	330.296.2273
Portage County Health Department	330.296.9919

Keeping Staff Informed

Please keep us informed about any changes in emergency numbers, addresses, work numbers, etc. If you plan to be out of town or at a place other than our information indicates, it is your responsibility to inform us where to reach you in case of an emergency.

Additionally, please let us know of any changes in your camper's world that may affect him/her (school problems, sickness of a family member, separation or divorce of parents, etc.). Camp staff strives to be sensitive to our campers' needs and feelings.

Staff Training

Staff training is conducted prior to the first week of camp. We follow state, American Camp Association and Akron Area YMCA Camping Services guidelines when we train our leaders. Fundamentally, three factors are involved: safety, fun and teachable moments.

Lost and Found/Personal Property

Rotary Camp will not be responsible for clothing and/or personal property brought from home. While the staff will help your child, it is considered the responsibility of the camper to keep their belongings together.

Please make sure that all clothing, toiletries, bags, and sleeping items are clearly marked with the camper's name. *Do not send their best clothes; new clothes may look like old clothing when it gets home.*

A **lost and found** is located at camp. Please check the lost and found table at check-out when you pick up your camper. Unclaimed lost and found property will be kept for two weeks following the end of each session. After that time, it will then be donated to a charitable organization.

Behavior Management

To ensure that campers feel safe while they are at camp, we believe that camp staff and parents must work together. It is critically important that parents and guardians provide camp with as much information as possible about the camper and their behaviors before the start of a session. Parents are encouraged to write a summary about the camper if necessary. Copies of behavior programs used at school or home can also be helpful.

Camp staff will contact the guardians if a camper is acting in a disruptive manner and needs further support. Through this conversation, the camp staff and the guardians, determine what appropriate steps need to be taken. This may include a modified behavior plan, a parent conversation with the camper, or dismissal from the program. It is the underlying philosophy of Rotary Camp that campers are expected to participate to the best of their ability in all programs.

All staff members consistently use positive reinforcement throughout the day. Staff members are not permitted to use corporal or verbal punishment. Discipline goes hand in hand with an attitude of mutual respect. We care about what the campers are feeling, not just what they are doing. We recognize that misbehavior is often a camper's way of showing us that something is wrong.

In teaching appropriate behavior, it is always important to be sensitive to the developmental characteristics of each individual. We need to be realistic in what is expected. Consistency is a must – campers cannot learn appropriate behavior if the message changes according to staffs' moods.

Campers who act out in an intentional way, either physically or verbally, with the intent to hurt themselves, other campers or staff will be sent home immediately under the discretion of the Camp Director or designee. Bullying of any kind will not be tolerated while at camp. If the behavior does not stop after counselor and director intervention, the camper will be sent home. Rotary Camp should be an enjoyable place for everyone.

Homesickness: Below are a few tricks we've picked up.

- Before camp be positive and excited about the experience. Camp is a cool, fun and exciting experience. Tell your camper you know that they're going to have a great time.
- Telling campers they can call/come home may seem like the perfect thing to say, but it actually encourages homesickness. It's like a crutch. Like we mentioned in the first bullet point, camp's going to be amazing. Keep reminding them about that.
- Staff make every effort to ease the transition to camp. We spend quite a bit of time during staff training teaching our counselors how to redirect or refocus a camper who is missing home. It's okay to miss home. Home will be there at the end of the week. Camp is special, and the campers are a part of something special when they're here. We'll remind them of that.
- Initial letters home often have strong feelings of homesickness so don't panic. Give us a call (330.644.4512) and we'll give you an update on where your camper is at with their experience.

- If your camper is having a really hard time with homesickness, rest assured we'll reach out to you and we can figure it out together.

Check-out Procedures (for all programs & sites)

Every camper's guardian must sign out with the appropriate staff member. Parents/guardians must either submit in writing or call the camp office if someone other than the camper's guardian is picking them up. Staff will check photo ids to ensure safety. If someone comes to pick up a camper without any notification camp staff are responsible to contact the parents/guardian before releasing camper to that individual.

Vehicles

Campers are not permitted to have vehicles on camp.

Absentees

If a camper is not able to attend a registered session or day program, camp must be notified as soon as possible. At the beginning of each program, all registered campers that have not shown up within an hour of registration must be contacted to confirm their absenteeism. This occurs daily at each day camp site.

Campers who do not attend and do not call off for a registered program will be assessed one half the session fee and cannot sign up for another program until the balance due is paid.

Medical Care at Camp

Campers and parents/caregivers will speak with the health officer during check in. *All medications, prescription and non-prescription, must be given to the health officer in their original containers.* Medications will normally be distributed at meal times and before lights out. Please only send enough medication to last the duration of your campers stay.

The health officer will keep a log indicating the time the medication was administered and by whom. A medical history must be completed and turned in prior to camp. The camper will not be admitted to camp without this. Prescribed medications will be administered as directed on the bottle and must be clearly marked with camper's name, name of medication, and name of physician.

Camp will notify parents/guardians for a variety of health care concerns which may include vomiting or diarrhea, a suspected broken bone or sprain, rashes, lice, any medical situation that requires care we cannot provide, and behavioral concerns.

If your camper is injured at camp, the camp director will take necessary steps which may include, but are not limited to the following:

1. Call the local paramedics.
2. Contact parents/caregivers. If parents/caregivers are not reachable, the camp may choose to contact an alternate emergency contact person.

Medical insurance is the responsibility of the parents. Paramedics will transport the camper in an emergency situation and charges associated with the service will be the responsibility of the parents.

Service Animals at Camp

Rotary Camp follows the American's with Disabilities Act (ADA) definitions when it comes to comes to allowing service animals at camp. Under the ADA, a service animal is defined as a dog that has been individually trained to do work or perform tasks for an individual with a disability. The task(s) performed by the dog must be directly related to the person's disability. This means the dog must be trained to take a specific action when needed to assist the person with a disability. For example, a person with epilepsy may have a dog that is trained to detect the onset of a seizure and then help the person remain safe during the seizure.

ADA makes a distinct difference between service animals and support, therapy, comfort, and companion animals. These terms are used to describe animals that provide comfort just by being with a person. Because they have not been trained to perform a specific job or task, they do not qualify as service animals under the ADA.

If sending a service animal to camp, it is the responsibility of the parent/guardian of the camper to provide someone to take care of the animal. Rotary Camp staff will spend all their time providing excellent care to your camper; we are unable to provide care for an animal as well. Additionally, parents are also responsible for providing camp with documentation that the animal is up to date with shots. Please call the camp office at 330.644.4512 if you are intending to bring a service animal to camp.

Alcohol and Drugs

Camp is a drug free environment. The use of alcohol or any recreational drugs, legal or illegal, by campers, volunteers, or staff is strictly prohibited and will be cause for immediately disqualify from property.

Pictures

Due to the decreased staffing this season we are not offering any online picture services.

Overnight Camp Information

Camp Arrival Day

- We are staggering check in times this year. Each family will be contacted for their cabin check in time.
- Please only have one parent drop off their camper and if possible, no siblings.
- A staff member will meet you at your car and take your camper's temperature, collect any forms/payments, and ask these questions:
 1. Has the camper or any member in the household been exposed to someone who has tested positive for COVID-19 in the past 14 days?
 2. Does the camper have a persistent cough, shortness of breath or a sore throat?
 3. Has the camper lost sense of taste or smell?
 4. Has the camper had a fever in the past 24 hours?
- You will then proceed to the check in table.
- You and your camper will wash your hands and you'll be given a temporary mask if you do not have one, to wear during the check in process. Your camper will not be required to wear one.
- We will be doing a contactless check-in, so a staff member will sign in your camper.
- You will be directed to your camper's cabin. This summer, we will not be allowing parents into cabins. Counselors will meet you outside the cabin, take their bedding and supplies, and help them get set up in the cabin.
- You can then proceed to the health lodge if your camper has medications to check in. Please follow the directional signs for entrances and exits, along with social distancing.
- Enjoy your week!

Camp's first medication pass will be at 8pm Sunday. It is the responsibility of the parent/guardian to give the campers any medication needed before 8pm.

Overnight Camp Check-Out Time

Please bring photo identification. Check out is from 10am – 11am. Parents will wait in their vehicles. Camp staff will bring your camper and their belongings to your vehicle.

Clothing List for Campers

Campers are very active while at camp, so we suggest that you not send new clothing. Clothing should be practical and clean.

In order to keep track of your camper's clothing, we ask that you put your camper's name on each item of clothing and equipment. Clothing not claimed will be kept at camp for two weeks then donated to a local charitable organization.

The following is a suggested list of clothing for the best camp experience. You may add to it or subtract from it as you wish, but please make sure your camper is properly equipped so that he/she may enjoy their stay. Baggage should be limited to one suitcase and bedding. Attached in the end of the packet is a packing list. Fill this out and tape it on the inside of the suitcase to aid your camper and our counselors when checking in and out.

Necessary:

- | | | |
|---------------------------------------------------|-------------------------------------------------------|-----------------------------------------------|
| <input type="checkbox"/> Sleeping bag or blankets | <input type="checkbox"/> Pajamas | <input type="checkbox"/> Comb or brush |
| <input type="checkbox"/> Deodorant | <input type="checkbox"/> 5 t-shirts | <input type="checkbox"/> 3-4 pairs of shorts |
| <input type="checkbox"/> Pillow | <input type="checkbox"/> 1 pair of tennis shoes | <input type="checkbox"/> Toothbrush/paste |
| <input type="checkbox"/> 2 bath towels | <input type="checkbox"/> 1-2 sweatshirts | <input type="checkbox"/> 6 pairs of underwear |
| <input type="checkbox"/> Laundry bag | <input type="checkbox"/> 1 pair of crocks or sandals* | <input type="checkbox"/> Shampoo |
| <input type="checkbox"/> 2 wash cloths | <input type="checkbox"/> Swimsuit | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Raincoat or poncho | <input type="checkbox"/> 1 pair of swimming shoes | <input type="checkbox"/> Soap |
| <input type="checkbox"/> 6 pairs of socks | <input type="checkbox"/> 1 jacket/sweater | <input type="checkbox"/> Mosquito repellent |
| <input type="checkbox"/> 1 long sleeve shirt | <input type="checkbox"/> 2 pairs of pants/jeans | |

Convenient but not necessary:

- Flashlight
- Camera/film
- Box/bucket for toiletry items
- Hat

*Campers spend many hours running around outside throughout the week and therefore need shoes that protect their feet and provide support. Flip flops and shoes that do not cover toes and heels are not appropriate footwear for camp. Campers are required to wear shoes at all times.

Things to NOT bring:

- **Cell phones:** I know this may be a difficult thing, and if we're being honest, it's probably most difficult for you as the parent. I understand and sympathize with this. I know how accustomed you've become to having near constant access to your child. However, at this point we find it to be a very healthy concept to disconnect from the tech world. Our camper's lives are very structured, and that structure remains true for their time at camp. Every minute of the day is planned. We plan to help our campers socialize, problem solve, and learn new skills. This can be very difficult if our campers are focused on cell phones and not the campers and staff next to them. If there is an emergency at home and you need to contact your camper, or if you're just worried how your campers is doing; please call the office at 330.644.4512. If no one answers your call, please leave a voicemail on the emergency voicemail system and we will promptly return your call.
- **Valuable electronic devices:** These items are expensive, and we are near lakes, dirt, and bugs. We climb, run, and jump. This environment is often very strenuous on expensive electronic devices. Please help us avoid a broken heart and keep these at home.
- **Snack for in the cabin:** They attract unwanted attention from squirrels, mice, skunks, and hungry counselors! For the safety of the cabin, please, please, don't send snacks. If you do please send them in care of the camp director, and I'll find something to do with them ;-)

Proper Footwear in the Water

Due to an increase in zebra mussels in our lake it is recommended that all campers come with swim shoes. While we do our best to make sure our swim area is free of anything that could potentially be dangerous, zebra mussels are becoming more common in the Portage Lakes. Therefore, we recommend that all campers and staff wear swim shoes while in the lake.

We make every attempt to keep your camper's belongings together. However, it is not always possible and at times items can come up missing. It is assumed that the parents/guardians are responsible for any items brought to camp by the camper, including appropriate and inappropriate items. *The Rotary Camp and the Akron YMCA and its representatives cannot be held responsible for missing items.*

Food Service for Campers

Balanced meals are planned and served by the food services staff for overnight camp. This summer campers eat with their cabin groups at various locations throughout camp encouraging social distancing. Staff will bring food to the cabin group and will serve the food. Special dietary considerations are made for food allergies and other dietary needs.

Please be sure to indicate your camper's dietary needs on the online health history form. If your camper has extensive dietary needs, such as gluten free, please contact our Food Service Director, Kathy, before your camper attends camp. Kathy can be reached at: campynoahfoodservice@akronymca.org.

Camper Mail

Mail will be delivered at each evening meal. Please send mail to your camper at this address:

Akron Rotary Camp
Camper's Name, Cabin Name
4460 Rex Lake Dr.
Akron, OH 44319

Faxes (330.644.1013) and emails (rotarycamp@akronymca.org) will also be delivered to campers. Please include the camper's name and cabin.

How to Contact Us

For registration information, billing, and general questions please call the Rotary Camp office at 330.644.4512.

Day Camp Information

Arrival/Departure

Drop off and pick up times are noted below specific to each site. Please stay within those times. Rotary Camp reserves the right to charge \$20 per each 15 minutes the camper is supervised beyond the normal pick up times. If there is a change in the departure routine (early pick up, different authorized person picking up, etc) please notify the camp in writing.

All campers are required to sign in/out daily with a staff member. Please have your photo id available for verification.

Rex Lake Day Camp - runs 9:00 am – 4:00 pm

- Drop off times are from 8:45 am – 9:15 am
- Pick up will begin at 3:45 pm and run through 4:15 pm

Rex Lake Day Camp Drop Off Procedures

- If your camper has ambulatory needs or medications to check in, you will go to the parking lot behind the cabins at 4395 Rex Lake Drive, New Franklin, OH 44319.
 - A staff member will meet you there and point you to the check-in table.
 - A staff member will meet you at the check in table to take your campers temperature, collect any forms, and ask these questions:
 5. Has the camper or any member in the household been exposed to someone who has tested positive for COVID-19 in the past 14 days?
 6. Does the camper have a persistent cough, shortness of breath or a sore throat?
 7. Has the camper lost sense of taste or smell?
 8. Has the camper had a fever in the past 24 hours?
 - A staff member will escort the camper to their cabin group.
 - If your camper has medications to check in, you'll go to nurse Cindy's table and check them in.
 - Enjoy your day!
- If your camper does not have ambulatory needs nor medications to check in, you will go to our main parking lot for a mobile check in at 4460 Rex Lake Drive, New Franklin, OH 44319.
 - You will pull in and follow the signs and staff directions.
 - While your camper is still in the car, a staff member will take temperatures and ask these questions:
 1. Has the camper or any member in the household been exposed to someone who has tested positive for COVID-19 in the past 14 days?
 2. Does the camper have a persistent cough, shortness of breath or a sore throat?
 3. Has the camper lost sense of taste or smell?
 4. Has the camper had a fever in the past 24 hours?
 - Staff will collect any forms/payments.
 - A staff member will escort the camper to their cabin group.
 - Enjoy your day!

Rex Lake Day Camp Pick Up Procedures

Please check out at the appropriate location. If you need to get out of your car to assist your camper into the vehicle or to pick up meds, go to the back parking lot. If your camper does not need assistance and/or you have no meds to pick up, go to the main parking lot for pick up.

What to Bring to Day Camp

Each day the day campers will participate in all the traditional camp activities including waterfront (at Rotary Camp) or swimming (at Happy Day). Below is a list of recommend items for each day:

- Backpack
- Change of clothes
- Appropriate footwear*
- Sunscreen
- Swimwear (if applicable)
- Beach Towel
- Lunch
- Filled water bottle for each day
- Extra snack (camp provides one)
- Water shoes (Rex Lake Only)
- Any prescription medications in the original bottle with correct dosage
- Any notes or messages to the camp staff about the camper or program

Please mark all your camper's belongings to help us keep them organized. We do not have extra clothes at camp, so please make sure your camper has what he/she may need for the day.

*Campers spend many hours running around outside throughout the week and therefore need shoes that protect their feet and provide support. Flip flops and shoes that do not cover toes and heels are not appropriate footwear for camp. Campers are required to wear shoes at all times.

Proper Footwear in the Water

Due to an increase in zebra mussels in our lake it is recommended that all campers come with swim shoes. While we do our best to make sure our swim area is free of anything that could potentially be dangerous, zebra mussels are becoming more common in the Portage Lakes. Therefore, we recommend that all campers wear swim shoes while in the lake.

DO NOT BRING

Please do not bring any of the following: cell phones, personal sports equipment, animals, handheld game systems, iPods, iPads, mp3 players, anything that could be considered a weapon (pocketknives, guns, air rifles, matches, fireworks, etc.). Do not bring gum, candy, pop or food that may attract critters. Please leave these items at home as well. Staff will take any items deemed inappropriate to the camp director for safekeeping. The items will be returned at the end of the day or week.

Additionally, please do not allow campers to bring any items of value (monetary or sentimental). Inevitably, these are the things which come up missing creating unnecessary emotional distress for the campers and staff.

We make every attempt to keep your camper's belongs together. However, it is not always possible and at times items can come up missing. It is assumed that the parents/guardians are responsible for any items brought to camp by the camper, including appropriate and inappropriate items. *Akron Rotary Camp, Akron Area YMCA, and its representatives cannot be held responsible for missing items.*

Medications

Medications must be in their original bottles with the correct dosage on the label. At check-in you will review medication and dosage with our camp nurse, Cindy. You will be asked to verify each medication and quantity that is dropped off. Please only bring the quantity needed to be given for the week. At the end of the week you will receive an empty medication bottles. Please do not leave them in your camper's bag.

If you would like to check in your camper's medications prior to the start of the camp session for ease of drop off, please contact Cindy Wilfong at 330.644.4512 or email cindyw@akronymca.org to schedule an appointment.

Meals

While at camp children use a lot of energy participating in the various activities. Please make sure your child eats a healthy breakfast before she/he comes to camp each day. Parents are required to pack a lunch for their campers as well. If a camper forgets her/his lunch, we will be happy to provide one that day. *If camp needs to provide lunch more than three times throughout the summer, parents will be billed \$10.00 for each meal.*

Rotary Camp will provide a light afternoon snack.

Akron Rotary Camp

Clothing/Personal Item Inventory

Camper _____

Week _____

Cabin/Group _____

Parent Check		Counselor Check		Parent Check		Counselor Check	
Number	Article	In	Out	Number	Article	In	Out
					Washcloth		
	Suitcase				Razor		
	Swimsuit				Shampoo/Cond.		
	Pajamas				Bug Spray		
	Bathrobe				Sunscreen		
	Slippers				Shaving Cream		
	Underpants				Diapers		
	Undershirts				Catheter		
	Bras				Ostomy Equip.		
	Socks				Glasses		
	Shoes/Boots				Contacts		
	Belts				Hearing Aids		
	Pants				Walker		
	Shorts				Crutches		
	Shirts				Wheelchair		
	Skirts				WC Charger		
	Dresses				Camera		
	Sweatshirts				Flashlight		
	Sweatpants				Water shoes		
	Sweaters						
	Coat/Jackets				Other:		
	Raincoat						
	Umbrella						
	Hat						
	Pillow						
	Blankets						
	Sheets						
	Toothbrush						
	Toothpaste						
	Towels						

Counselors _____